

# **PLAY TO OUR STRENGTHS REACH** **CARDS**

Build confidence, awareness of self, appreciation of diversity, collaboration and team synergy with the *Play to our strengths REACH* Cards. Originally created as part of a Productive People Advantage Course (PPA). This card activity promotes self- reflection, personal, leadership and cultural growth as well as building REACH within participants.

Below are the instructions on how to use *Play to our Strengths REACH* Cards in a game called **Strengths Poker**.



## **STRENGTHS POKER USING PLAY TO OUR STRENGTHS REACH CARDS**

In Strengths Poker, participants aim to end up with 3 cards that resonate most with themselves.

To start the game they are dealt 7 cards, and start by discarding the 2 that 'speak' to them least, then depending on how you want to play the game (and how long you have) they discard and pick up and trade with other players.

In the trading with other players, you encourage two dialogues "I see you have a \_\_\_\_ card, I relate to that well, can I trade you for a \_\_\_\_ card, which can go on for a round or two if you have plenty of time. People can refuse and discuss why they refuse that specific trade.

The most impactful interpersonal (Team Synergy and REACH building) dialogue comes with the later round(s) where a person offers a card to someone else – "I have a 'trustworthy' card – I am offering this to you because how you talk, what you do and when you did \_\_\_\_\_ the other day it demonstrated to me that you are trustworthy, and I appreciate and admire that about you" (trust worthy is just an example, this could also be inspirational, creative, warm etc).

A round or two **Strengths Poker** of this usually brings up tears where people are expressing admiration and receiving gratitude in a way they don't normally do.

Both perspectives are equally impactful.